

# ROBERTA

“After about five days, they made you start going to the main lounge room where they had different panel meetings about the different 12-step programs; I went to a couple and sat in the back, but really didn’t hear anything, but what I saw was the first group of about seven people came in.

This is where I started to feel something;  
there were men, and there were women, and there was laughter.”

Roberta Watt

**What do you think Roberta’s life was like before she entered treatment?**

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**Why was Roberta surprised to hear people laughing?**

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**What have you learned about Roberta?**

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